

Adams County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Diabetic prevention, screening and treatment- 12.7% of Adams County residents have diabetes according to 2009 Community Health Status Report. Diabetic educators are established at Alegent Health Mercy Hospital in Corning for diabetic education. Barb Fuller with ISU Extension offers nutrition classes to the public.
- Pregnancy & birth- the hospital in Adams County does not deliver babies.
- Overweight/obesity
- Binge drinking
- Cigarette smoking (adult)
- Risk factor for premature death- hypertension

Prevent Injuries

Problems/Needs:

- Female breast cancer rate is 61.4%, which is higher than our peer counties (23.6-52.2%).
- Motor vehicle injuries rate is 51% (peer county rates are 36.2-72.0%).
- Stroke rate is 94.6% (peer county rates are 81.3-127.8%).

Protect Against Environmental Hazards

Problems/Needs:

- Hospitalizations due to asthma - ages 19 y/o and younger.
- Hospitalizations due to asthma- ages 20y/o and older.

Prevent Epidemics and the Spread of Disease

Problems/Needs:

- STD and HIV/AIDS screening and treatment.

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

- Implementation of narrow band radios county-wide.
- Adequate generator to run agency for the mass vaccination clinic.

Strengthen the Public Health Infrastructure

Problems/Needs:

- Highest vulnerable population in Adams County is "have no high school diploma (adults age 25 & over) = 11% based on 2009 Community Health Status Report.
- Southern Iowa Trolley services are available but costly.

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Reduce the hypertension in a group of men & women aged 45-75.	B/P screenings at Corning, Prescott, & Nodaway monthly.	Alegent Health at Home	Oct 2011
	B/P screenings at county pesticide trainings.	Alegent Health at Home	Oct 2011
	B/P screenings at Corning Nursing & Rehab- drop -ins.	Corning Nsg & Rehab staff	Oct 2011
	B/P screenings drop-ins at Alegent Health at Home.	Alegent Health at Home	Oct 2011
	Encourage local businesses to have an automatic B/P cuff available in their store.	Kathy to educate businesses	Dec 2011

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Increase the number of mammograms by 5%. Baseline= 865, 2006-2010.	Digital mammography available at Alegent Health Mercy Hospital in Corning.	Radiology dept	Oct 2011
	Fight Like a Girl Campaign in the community to increase awareness and money raised is used to help with expenses for those diagnosed with breast cancer.	Sara Freeman	Oct-11
	Women's 40+ program is available through the Dr.'s office in Corning (based on financial need) for those who qualify.	Denise Gepner	Oct-11